
Praise for *Genetic Roulette*

“Unlabeled GMOs in our food works against what I have learned in my 30 years as Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods a family farmer. Agriculture should be sustainable, food should be healthy and safe, and people deserve to know what they’re eating.”

—United States Senator Jon Tester

“When I worked at Monsanto, I warned both scientists and executives that our GM foods may cause disease, but no one was even willing to listen, let alone investigate the unpredicted side effects. For them, it was all about profit. Now our whole population is threatened by the serious dangers described in *Genetic Roulette*.”

—Kirk J. Azevedo, DC

“The ability to introduce alien genes into a genome is an impressive technological manipulation but we remain too ignorant of how the genome works to anticipate all of the consequences, subtle or obvious, immediate or long-term, of those manipulations. This book validates the concerns Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods of biotech critics who warned that our knowledge is Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods too primitive to avoid unexpected and deleterious consequences.”

—David Suzuki, geneticist, author of more Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods than 30 books, awarded UNESCO prize for science

“The most comprehensive, well-documented, and highly readable exposé on the serious health dangers of GM foods.”

—Samuel S. Epstein, MD, professor emeritus of Environmental Medicine, University of Illinois at Chicago School of Public Health and chairman, Cancer Prevention Coalition
Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods

“I used to test for soy allergies all the time, but now that soy is genetically engineered, it is so dangerous that I tell people never to eat it—unless it says organic. *Genetic Roulette* tells you why you must avoid genetically engineered Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods foods to Genetic Roulette: The Documented Health Risks of

Genetically Engineered Foods stay healthy.”

—John H. Boyles, MD, *Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods* ear, nose, and throat, and allergy specialist

“*Genetic Roulette* is dynamite. It totally explodes the complacency and apathy that has been allowing genetically engineered foods to creep into our food supply. Scientifically sound, this book is a must for anyone who wants to know the true answer to whether these foods are safe.”

— John Robbins, author of *Healthy At 100*, *The Food Revolution*, and *Diet For A New America*

“Congratulations, Jeffrey Smith, for your courage. Thanks to your tireless investigations, we need wonder no longer why corporations spreading GMOs are so secretive, why they’ve spent hundreds of millions to keep us from even knowing which foods contain GMOs. They don’t want us to examine the shoddy science, the suppressed evidence, and, most of all, the real health risks that GMOs present. Read *Genetic Roulette* not only to protect yourself and your family but to learn through this breath-taking story what all Americans need to do to reclaim our democracy and protect our planet.”

— Frances Moore Lappé, author of *Democracy’s Edge* and *Diet for a Small Planet*

“No danger Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods to our health is greater than foods containing genetically modified organisms (GMO). Since knowledge is power, I recommend everyone Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods who cares about their health and the health of the ones they love read the groundbreaking new book Genetic Roulette by Jeffrey Smith. As a health educator and parent of a young child, I will do everything within my power to keep these dangerous genetically modified foods out of the cupboards and refrigerators and off of the kitchen Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods tables of those I care Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods about. The best way I can do that is to strongly recommend the book.”

—Jordan Rubin, founder and chairman, Garden of Life and New York Times best-selling author of *The Maker’s Diet*

“*Genetic Roulette* is a MUST READ for all parents. Jeffrey’s work highlights untested foods that have been introduced onto our children’s plates without informed parental consent. The health risks associated with these new foods have the potential to impact Genetic Roulette: The

Documented Health Risks of Genetically Engineered Foods every child in *Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods America*—not just those with food allergies. The best gift that you could give your children is to read *Genetic Roulette*, as the knowledge you will gain is immeasurable and will last a lifetime—your child's."

—Robyn O'Brien, founder of AllergyKids and mother of four

"Jeffrey Smith raises serious questions concerning the production of genetically modified foods. Based on meticulous research, *Genetic Roulette* offers a chilling reminder that the effects of GM foods on human health are largely untested. And, whilst we cannot assume that all such foods are dangerous, nor can we assume that they are all safe, especially in the long term. Yet in the US there is no labeling, so these products sneak into households in many different foods. If you care about your health and that of your children, buy this book, become aware of the potential problems, and take action."

—Dr. Jane Goodall, DBE, founder of the Jane Goodall Institute and UN Messenger of Peace, www.janegoodall.org

"Jeffrey Smith is the leading world expert in the understanding and communication of the health issues surrounding genetically modified foods. *Genetic Roulette*, which brings in original contributions by eminent scientists worldwide, makes it crystal clear *Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods* that the American FDA should not be so cavalier about the potential dangers of these procedures."

—Candace Pert, PhD, author of *Molecules of Emotion* and *Everything You Need to Know to Feel Go(o)d* and former Chief of the Section, National Institutes of Health

"Educators have a responsibility to be informed about the potential risks of genetically engineered foods. I urge school administrators to read *Genetic Roulette* and take preventive action to protect the long-term health of your students."

—Richard Beall, PhD, director of the Carolina International School

"Jeffrey Smith's *Genetic Roulette* destroys the myth that genetically modified organisms are safe and will give sleepless nights to uncritical supporters of GMOs. It contains a wealth of up-to-date *Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods* information, fully describing all the negative findings, mishaps, and actual harms caused by genetic engineering, as well as the possible health problems associated with this technology. In

contrast to industry propaganda, all information in the book is fully referenced. I would advise all to grab a copy now and read it, regardless of which side they are on in the GMO debate. It is a real treasure and the most important GMO source book for policy makers, scientists, and the public.”

—Arpad Pusztai, PhD and Susan Bardocz, PhD, DSc, both formerly of the Rowett Institute, consultants to the Norwegian Institute of Gene Ecology, and experts on safety assessments on genetically modified foods

“The process by which crops are currently genetically engineered is a mutagenic Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods process. Scientists still have much to learn regarding the ramifications of putting bacterial, viral or any other genes into the foreign context of a plant’s DNA. For these and other reasons he describes in his book, Jeffrey Smith believes the products of this mutagenic genetic engineering process should be more thoroughly studied scientifically and more thoroughly regulated—especially by the FDA—before they are ever released into commerce. He’s absolutely right.”

—Belinda Martineau, PhD, molecular geneticist, co-developer of the first commercialized genetically engineered food crop and author of *First Fruit: The Creation of the Flavr Savr™ Tomato and the Birth of Biotech Food*

“If a single short message could sum up this remarkably thorough, well-written, brilliantly designed, and deeply disturbing book about biotechnology in our food supply, it would be the quotation on the left side of page 120, “Biology is Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods so much more complex than technology.” This volume would never have needed to be written had scientists and corporations and regulators really believed that; none of them would have participated in the risky, ill-informed experiment that treated plant genomes like Lego pieces, and forced the results past its presumptive guardians and into the food supply. Because the experiment is ongoing despite it’s riskiness, Jeffrey Smith has collected Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods into a single volume all of the studies (disturbingly few) of the health effects of biotech foods in animals and humans, together with absorbing explanations of why dangerously negative effects may have occurred, some reasons why regulation has been utterly ineffective, and the Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods technical Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods flaws in industry studies Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods that preclude their finding the unexpected (and inevitably expectable) side effects. Read this book, or skim it—a feat the author has enabled with a format that allows for scanning or thorough reading—then remove from your grocery list everything that might contain genetically modified ingredients, write to the people who process the products you’ve stopped buying, and help end the experiment.”

—Joan Dye Gussow, author of *This Organic Life*, professor emeritus of Nutrition and Education, Columbia University, former member Diet, Nutrition, and Cancer Panel of the National Academy of Sciences, and former member of Food Advisory Committee of the FDA

“When my 12 year old was born, GM foods weren’t a part of the American diet. Today, about 30% of our cropland Genetic Roulette: The Documented Health Risks of Genetically Engineered Foods is planted with GMOs. Most Americans are uncomfortable with the idea of eating GM foods and yet eat them every day without knowing. It’s time we made a choice! We ought either to satisfy ourselves with solid scientific answers to the concerns clearly laid out in Genetic Roulette—or we should change the way we eat. When shoppers in Europe and Japan acted on their convictions, GM foods were largely eliminated from stores.”

—Alan Greene, MD, pediatrician and author of *From First Kicks to First Steps*, www.DrGreene.com, awarded best health website 2005

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