
Sauces

by the

Cooking Dude

Recipes Made Special with Sauce

by John P. Choisser

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Dedication

To my grandmother Sue (Ja-Ja) Jackson and mother Eda Choisser for Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal encouraging me to learn to cook.

Preface

Many years ago I decided to create a web site so I could put my recipes where I could find them. As the site grew, it became apparent that there were lots of you out there who needed help cooking, so I added some tutorials and more preparation details. When you think about it, most kids don't grow up in the kitchen with their mom and grandma anymore. So I spent a little extra time Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal describing how to cook, in addition Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal to the recipes.

Sauces in particular make recipes special. In older times, sauces were often used to mask food that was past its prime; in fact, in warmer climates, hot chiles were used for that purpose. But most good cooking today, particularly French, make use of a variety of sauces to enrich their dishes. My goal in this book is to provide you with a convenient selection of sauces that you can make quickly and easily, sometimes with just two ingredients, that will perk up your meals, including leftovers. You can also make a routine meal special in minutes for unexpected

company!

It makes me happy when I receive emails from young families thanking me for freeing them from take-out and fast food dependence. A single mom feels much better about how she feeds her kids now that she can prepare her own meals, needing sometimes to actually cook only a few times a week by cleverly using leftovers. Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal You'll notice that I rarely use exotic ingredients, and even then suggest work-arounds if they cannot be eliminated entirely.

The Cooking Dude series of Kindle books is intended to extract some material from the web site to cut down on the time you need to find recipes, and to add new material that is not yet on the site. The site also provides additional "how-to" tips that won't fit in the book. But mainly, the book provides a means to reach far more people than the site can.

I started cooking once I was tall enough to reach the stove top, Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal and have enjoyed it ever since. Many of the recipes that I have developed over the years have turned into family favorites, and both the site and these books have made it easier for my kids and grandkids (and lots of friends) to find and cook the things they like.

When others have contributed ideas and recipes, I try to give appropriate credit. Some of the recipes have interesting historical connections, or an unusual back story, and I include them, as well. I also get lots of emails from users, and you are welcome to send me comments, corrections, and ideas.

I hope you enjoy the books. But mostly, I hope you enjoy cooking and eating!

The Cooking Dude

John P. Choisser, Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal San Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal Diego, California, USA

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Simple Tomato Sauce

Here's a quick tomato sauce (or gravy) that is delicious over egg dishes, tamales, or Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal chiles rellenos. It doesn't have any chile powder in it, so its flavor is different than enchilada sauce. It's also easier to make. In the photo, it is shown on a delicious breakfast or brunch dish called a [Green Chile Casserole](#). Use this sauce as an easy way to dress up leftovers, or a chicken breast you found in the freezer. Use your imagination. It's even good over a hamburger patty (especially if you add Mozzarella cheese Sauce by the Cooking Dude Cookbook -- Recipes for Sauces that Improve Any Meal over it.)

Here's the recipe for Quick Tomato Sauce:

1 can of tomato sauce (14 oz.)

4 tablespoons vegetable oil

4 tablespoons flour

1 teaspoon garlic salt

1/2 teaspoon dried oregano

Sauce By The Cooking Dude Cookbook Recipes For Sauces That Improve Any Meal

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