
Very Easy Taco Recipes
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Dedication

The author wishes to dedicate Very Easy Taco Recipes this book to all of those seeking a better understanding of this subject matter. The culmination of the research and editing could not be done without the support of family, friends and associates.

I hope that this brief report and the additional links to further information put you on Very Easy Taco Recipes a path of knowledge and wisdom.

God Bless!

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Very Easy Taco RecipesSimple Taco recipes

Easy Skillet Tacos

Ingredients:

1 pound chopped steak

1 little red onion, cut

1 tablespoon of olive oil

1 tablespoon chili powder

1 1/2 tablespoon of ground cumin

1 tablespoon of salt

1 (15-ounce) can of soft pinto beans, rinsed and drained

1 (8-ounce) can of soft tomato sauce

3/4 cup water

1/2 cup salsa

1 1/2 cups (6 ounces) of shredded Cheddar cheese

1 tablespoon chopped fresh cilantro

Taco shells or flour tortillas, heated

Toppings: shredded lettuce, diced tomatoes, salsa, sour cream

Steps:

Cook a burger in a large skillet over medium-high heat, stirring until beef crumbles and is not red. Drain well. Take out the beef; wipe the skillet with a paper towel.

Saute red onion in hot oil in same frying pan over medium-high heat. Add chili powder, cumin, salt, and beef. Cook from 5 to 7 minutes, stirring from time to Very Easy Taco Recipes time. Stir in beans, tomato sauce, 3/4 cup water, and salsa. Mash pinto beans in the frying pan with fork,

Very Easy Taco Recipes leaving some beans whole. Offering a boil; lower heat, and simmer, for 8 to 10 minutes or until liquid is drained.

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